



# SCHOOL OF SPORTS, HEALTH AND LEISURE

## DIPLOMA IN

Health Management & Promotion  
Health Services Management  
Outdoor & Adventure Learning  
Sport & Exercise Science  
Sport Coaching  
Sport Management

# MAKE YOUR MARK AT REPUBLIC POLYTECHNIC



Enter a world of learning and discovery with us as we help you to think deeper, dream bigger and guide you to accomplish more than you could have ever imagined. You will acquire skills that will stay with you for life. You will be nurtured to be a **professional**, a **problem-solver** and a **passionate citizen** ready to take on any career you choose. By the time you graduate, you will be ready to make your mark.

At RP, you can look forward to world-class learning opportunities, robust curriculum and top-notch facilities. And no matter where this experience takes you, we are here to guide you to success.

## Unique Learning Experiences

RP's world-class curriculum is enhanced by our Problem-based Learning pedagogy, which means your lessons will always be fun, active and engaging. During lessons, you will be tackling the same challenges you would face in the working world, developing your critical thinking skills and using problem-solving techniques to address real-life problems.

## Abundant Learning Opportunities

Put your learning into practice by participating in industry internship programmes, overseas study trips, Co-curricular Activities (CCAs), and community-based projects. And while you are at it, grab hold of readily-available opportunities to hone your skills and expertise at state-of-the-art facilities that simulate real-world environments.

## Focus on Lifelong Learning

Whether you are a new student, returning graduate or working professional, we hope your time at RP is exciting, enriching and empowering, and that you leave us ready to embark on your chosen career path. If you are looking to acquire new skills or considering to deepen your knowledge, RP's comprehensive range of lifelong learning courses will put you on track to stay relevant for the evolving workforce.

Are you ready to **discover** your potential,  
**transform** your skillset and **achieve** your dreams?  
Let's get started!

RP's Problem-based Learning (PBL) method really suits my style of learning. Through PBL, I've been able to prepare effective presentations which will be useful for my future work projects.

I've also gained from the practical and varied elements in my course as they prepared me well for a career in the sports industry.

## ADAM ALEXANDER VINE

Diploma in Sports and  
Leisure Management  
(now known as Diploma in  
Sport Management)  
Year 3



Also, check out all these exciting programmes offered by our seven Schools:

- School of Applied Science
- School of Management and Communication
- School of Engineering
- School of Sports, Health and Leisure
- School of Hospitality
- School of Technology for the Arts
- School of Infocomm

For more details on course information and entry requirements, please contact:

### School of Sports, Health and Leisure

 [www.rp.edu.sg/shl](http://www.rp.edu.sg/shl)

 [rp.shl](https://www.facebook.com/rp.shl)

 [shl\\_rp](https://www.instagram.com/shl_rp)

### Republic Polytechnic

 6510 3000

 [www.rp.edu.sg](http://www.rp.edu.sg)

 9 Woodlands Avenue 9,  
Singapore 738964

 [republicpolytechnic](https://www.facebook.com/republicpolytechnic)



# ABOUT

# SCHOOL OF SPORTS, HEALTH AND LEISURE

Are you an avid sports fan? Are you happiest when you are at the great outdoors? The School of Sports, Health and Leisure (SHL) is the only polytechnic school in Singapore to offer courses across a comprehensive range of sports skills.



Want to explore your career opportunities in sports science, outdoor and adventure learning and sports coaching? SHL is the place to do it. The school incorporates a wide range of sports facilities to challenge you and develop your stamina, both mentally and physically, with a faculty of sports experts to help you bring out the best in you.

Singapore's recent wins in international sporting events have captured the interests of many youths. SHL offers fulfilling and enriching experiences to prepare you for a successful career in the industry. Our graduates have excellent career prospects across numerous fields including health and wellness, PE teaching, health services, outdoor learning, and sports coaching.

# OUR FACILITIES

SHL is well-equipped with sports training and science labs that offer students unique opportunities to stretch both their physical and mental capabilities.

## OUR OUTDOOR FACILITIES

- Abseil Wall
- Experiential Learning Centre @ Ubin
- High Ropes Team Elements
- Indoor / Outdoor Sports Climbing Wall

## OUR LABORATORIES

- Anatomy and Kinesiology Lab
- Exercise Prescription Lab
- Functional Training Lab
- Fundamental Movement Lab
- Health Services Simulation Lab
- Human Performance Lab
- Motor Control and Development Lab
- RP-HPB Innovation Lab
- Sports Engineering Lab
- Sports Injury Management Lab
- Sports Kitchen
- Sports Simulation Lab



## WHY CHOOSE SHL?

An active career path can be the most rewarding. If you do not wish to be confined to a desk job and prefer the adventure of the great outdoors, join SHL!

Our stimulating learning environment goes beyond the classroom. We work closely with leading industry stakeholders, including Sport Singapore, the Health Promotion Board and Outward Bound Singapore, to keep you abreast of the latest developments in sports and health management. You will have the opportunity to immerse yourself in internships and explore the world on overseas trips, working with leading health and wellness businesses, adventure companies and sports associations to develop your skills far beyond your expectations.

As a testament of our achievements, our graduates have gone on to explore successful careers across a wide range of sports, health and leisure sectors. These success stories keep us on track as one of the leading educators in the sports industry. Unleash your potential at SHL now!



**R43**  
JAE CODE

Diploma in

# HEALTH MANAGEMENT & PROMOTION



**Embark on a rewarding career as a skilled health professional to promote a holistic approach to well-being.**

Gain a solid foundation in subjects such as psychology, nutrition and physical activities. Understand the challenges and management of contemporary health and wellness issues in society such as youth obesity, active ageing and workplace wellness.

Develop skills to conduct health and fitness assessments.

Experience a 20-week Industry Immersion Programme with reputable organisations such as the Health Promotion Board, National Healthcare Group, ST Healthcare, F1 Recreation Gym, or Agape Child Care.

# ABOUT THE DIPLOMA

**Do you believe an active and healthy lifestyle is the key to happiness?  
Inspire others with this belief and make a real difference in the world!**

The Diploma in Health Management & Promotion (DHMP) allows you to do that and more. You will learn the required skills to actively practise and promote holistic well-being among the Singapore population, from pre-school children and youths, to adults and the elderly.

The government consistently encourages wellness, promoting national health schemes and diseases prevention programmes to keep residents aware of the benefits of healthy living. As a DHMP graduate, you can play a meaningful role by being a health educator.

## CAREER OPPORTUNITIES

Explore a fulfilling career in a public health department, healthcare and community-based organisation, corporate staff wellness division, or school. Some potential positions include:

- Health and Wellness Educator
- Health Promotion Executive
- Health Research Assistant
- Physical Activity and Fitness Leader
- Public Health Programme Executive

**I hope to be able to use the knowledge gained from my DHMP course to educate and promote holistic healthcare to people across all age groups.**

**Loh Hong Sen**  
Diploma in Health  
Management & Promotion  
2018 Graduate



# COURSE STRUCTURE

The course structure consists of general, discipline, specialisation, elective and freely chosen modules. There is also an industry orientation component.



## GENERAL MODULES

- G101** Critical Thinking and Problem Solving
- G107** Communication in the Global Workplace
- G121** Innovation and Practice
- G951** Life Skills I
- G952** Life Skills II
- G953** Life Skills III
- G961** ECG I: Exploring the Future of Work
- G962** ECG II: Becoming Future-Ready



## DISCIPLINE MODULES

- A113** Mathematics
- S201** Health and Wellness
- S202** Inclusive Physical Activity
- S204** Sociology of Sports, Health and Leisure



## INDUSTRY ORIENTATION PROGRAMME

- S300** Project

**Select one module from the list below:**

- S931** Industry Immersion Programme
- S932** Entrepreneurial Immersion Programme



## FREELY CHOSEN MODULES

**Select either one of the following:**

- S200** Special Project

**Two modules** to be selected from a list of Freely Chosen Modules



## SPECIALISATION MODULES

- A103** Anatomy and Physiology
- A205** Epidemiologic Methods
- A337** Nutrition
- S241** Psychosocial Aspects of Exercise
- S242** Introduction to Counselling and Communication
- S244** Health Psychology
- S245** Health Promotion
- S246** Exercise Programming and Assessment
- S247** Behaviour Change
- S341** Youth Health
- S342** Active Ageing
- S343** Corporate Wellness
- S344** Weight Management



## ELECTIVE MODULES

**Select two modules from the list below:**

- B216** Marketing
- H220** Introduction to the Event Industry
- H222** Wellness and Lifestyle Management
- S212** Sports and Exercise Prescription
- S251** Human Diseases



# MINIMUM ENTRY REQUIREMENTS

## GCE O-LEVEL HOLDERS

## GRADE

ENGLISH LANGUAGE

1 - 7

MATHEMATICS (ELEMENTARY / ADDITIONAL)

1 - 6

ANY ONE OF THE FOLLOWING SUBJECTS\*

1 - 6

\*Biology, Biotechnology, Chemistry, Combined Science, Design & Technology, Engineering Science, Food & Nutrition, Fundamentals of Electronics, Physics, Physical Science, Science (Chemistry, Biology), Science (Physics, Biology), Science (Physics, Chemistry)

## FOR NITEC

GPA  $\geq$  3.5

**NT39** CHEMICAL PROCESS TECHNOLOGY  
(BIOLOGICS / PETROCHEMICALS / PHARMACEUTICALS / PROCESS INSTRUMENTATION)

**NT45** NURSING

**NT55** FITNESS TRAINING

**NT58** APPLIED FOOD SCIENCE

**NT64** MEDICAL MANUFACTURING TECHNOLOGY

**NT69** COMMUNITY CARE AND SOCIAL SERVICES

## FOR HIGHER NITEC

GPA  $\geq$  2.0

ANY CERTIFICATE PROGRAMME THAT MEETS THE MINIMUM GPA

For the full listing of entry requirements, visit [www.rp.edu.sg/full-time-courses/dhmp](http://www.rp.edu.sg/full-time-courses/dhmp)

**HAVE A  
QUESTION?**

Find out more about this diploma at  
[www.rp.edu.sg/full-time-courses/dhmp](http://www.rp.edu.sg/full-time-courses/dhmp)

**R45**  
JAE CODE

# Diploma in **HEALTH SERVICES MANAGEMENT**



**Play a vital role in the Singapore Healthcare system as a health service management professional.**

Develop strong management-oriented skills in health services management. Learn the essentials of up to-date healthcare policies, practices and processes. Participate in various industry-related projects to plan and execute best practices in health services management.

Experience a 20-week Industry Immersion Programme at either a public or private healthcare provider such as National University Hospital, Tan Tock Seng Hospital, Raffles Medical Group, or Parkway Shenton. Our students also intern at Social Service Organisations such as TOUCH Home Care and NTUC Eldercare.

# ABOUT THE DIPLOMA

**Hospitals and clinics need to be managed smoothly and efficiently for medical practitioners to save lives. Make a difference at the heart of the healthcare system as a healthcare administrator.**

The Diploma in Health Services Management (DHSM) offers a management-oriented training in health services and administration in Singapore's care continuum, from primary to acute and community-based settings. In DHSM, you will be equipped with the understanding of major healthcare policies, practices and processes. You will gain a solid foundation in healthcare knowledge and experience extensive hands-on training in health service management, preparing you to work capably as a well-rounded healthcare professional.

Our graduates are currently making a difference in various healthcare institutions, translating their acquired knowledge and skills to ensure all patients have a comfortable, welcoming experience.

## CAREER OPPORTUNITIES

As a DHSM graduate, you will be ready to embark on various roles in numerous healthcare organisations. These include public and private hospitals, specialists medical centres, rehabilitation centres, nursing homes, and clinics:

- Admissions Officer
- Business Office Assistant / Officer
- Care Coordinator Associate
- Case Management Assistant
- Clinic Coordinator
- Corporate Services Assistant
- Executive Assistant  
(various departments such as Corporate Planning, Finance, Human Resource, Medical Affairs, Medical Disciplines, Operations and Quality)
- Operations Executive / Assistant
- Senior Patient Service Associate / Senior Patient Care Associate

**RP transformed me from someone who did not dare to speak up to someone who is confident. RP is definitely one of the best choices I have made and I am now ready to face my future challenges.**

### **Lim Boon Shie**

Diploma in Healthcare Administration  
(Now known as Diploma in Health Services Management)  
2015 Graduate

Currently an  
Executive Assistant,  
Clinical Governance at the  
Institute of Mental Health



# COURSE STRUCTURE

The course structure consists of general, discipline, specialisation and freely chosen modules. There is also an industry orientation component.



## GENERAL MODULES

- G101** Critical Thinking and Problem Solving
- G107** Communication in the Global Workplace
- G121** Innovation and Practice
- G951** Life Skills I
- G952** Life Skills II
- G953** Life Skills III
- G961** ECG I: Exploring the Future of Work
- G962** ECG II: Becoming Future-Ready



## DISCIPLINE MODULES

- S201** Health and Wellness
- S204** Sociology of Sports, Health and Leisure



## INDUSTRY ORIENTATION PROGRAMME

- S300** Project

Select one module from the list below:

- S931** Industry Immersion Programme
- S932** Entrepreneurial Immersion Programme



## FREELY CHOSEN MODULES

Select either one of the following:

- S200** Special Project

Two modules to be selected from a list of Freely Chosen Modules



## SPECIALISATION MODULES

- A103** Anatomy and Physiology
- A252** Patient Care
- B215** Financial Accounting
- B216** Marketing
- B218** Business Statistics
- B220** Microeconomics
- C367** Healthcare Applications
- H208** Service Quality and Professional Etiquette
- S242** Introduction to Counselling and Communication
- S244** Health Psychology
- S251** Human Diseases
- S252** Health Ethics and Law
- S253** Healthcare Systems
- S254** Transitional Care
- S352** Case Management
- S353** Healthcare Operations Management
- S355** Financing for Healthcare
- S356** Quality Management in Health Care



# MINIMUM ENTRY REQUIREMENTS

## GCE O-LEVEL HOLDERS

## GRADE

ENGLISH LANGUAGE

1 - 7

MATHEMATICS (ELEMENTARY / ADDITIONAL)

1 - 6

ANY ONE OF THE FOLLOWING SUBJECTS\*

1 - 6

\*Biology, Biotechnology, Chemistry, Combined Science, Design & Technology, Electronics, Engineering Science, Food & Nutrition, Fundamentals of Electronics, Physics, Physical Science, Science (Chemistry, Biology), Science (Physics, Biology), Science (Physics, Chemistry)

## FOR NITEC

GPA  $\geq$  3.5

ANY CERTIFICATE PROGRAMME THAT MEETS THE MINIMUM GPA EXCEPT:

**NT82** FASHION APPAREL PRODUCTION AND DESIGN

**NT83** FLORISTRY

## FOR HIGHER NITEC

GPA  $\geq$  2.0

**BS81** BUSINESS STUDIES (EARLY CHILDHOOD EDUCATION)

**BS82** BANKING SERVICES

**BS83** BUSINESS STUDIES (HOSPITALITY OPERATIONS)

**BS84** BUSINESS STUDIES (EVENT MANAGEMENT)

**BS86** BUSINESS STUDIES (ADMINISTRATION / SECRETARIAL)

**BS93** COMMUNITY SPORT AND RECREATION MANAGEMENT

**IT62** PARAMEDIC AND EMERGENCY CARE

For the full listing of entry requirements, visit [www.rp.edu.sg/full-time-courses/dhsm](http://www.rp.edu.sg/full-time-courses/dhsm)

**HAVE A  
QUESTION?**

Find out more about this diploma at  
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**R33**  
JAE CODE

# Diploma in **OUTDOOR & ADVENTURE LEARNING**



**Do you love the outdoors?  
Empower yourself with  
the skills and hands-on  
experiences you need to  
create unique outdoor  
learning programmes.**

Develop people management and leadership skills to lead outdoor activities confidently and independently. Acquire the tools, techniques and strategies required to design quality outdoor learning programmes. Tackle greater global environmental issues and debates to connect with your environment.

Participate in various industry-related and service learning projects to plan, organise and conduct outdoor learning programmes in RP and for external organisations.

Experience a 20-week Industry Immersion Programme with a local or overseas organisation such as Camelot, Camp Challenge, Higher Ground Australia, Singapore's Ministry of Education Outdoor Adventure Learning Centres, Outward Bound Singapore, or Outward Bound Taiwan.

# ABOUT THE DIPLOMA

**Channel your love for adventure towards a fulfilling and rewarding career. The Diploma in Outdoor & Adventure Learning (DOAL) transforms your passion for the outdoors into useful skills that you can utilise in the real world.**

Through extensive hands-on experiences, you will be practically trained and your leadership qualities will be honed to prepare you to be an effective trainer or instructor. This programme will also equip you with the relevant people management skills and instill in you the confidence to conceptualise, plan and conduct quality outdoor learning programmes.

For outdoor enthusiasts, you will have the opportunity to experience the great outdoors overseas through internships and trips abroad to build leadership skills. You will also have the opportunity to attain certifications from reputable National Sports Associations such as the Singapore Mountaineering Federation and Singapore Canoeing Federation.

## CAREER OPPORTUNITIES

The sky is the limit as a DOAL graduate. Choose from exciting range of careers in schools, Outward Bound centres and reputable outdoor training organisations. These include:

- Adventure Tourism Executive
- Camp Facilitator
- Outdoor Facilities Supervisor
- Outdoor Specialist
- Trainer and instructor

**The PBL approach taught in DOAL has equipped me with the skills and knowledge to manage everyday challenges better, and to be ready for the ever-changing environment that is part of my job as an outdoor educator.**

**Sasi Kumar**  
Diploma in Outdoor &  
Adventure Learning  
2010 Graduate

Currently the Chief Operating  
Officer at FOCUS Adventure  
and Outdoor Adventure



# COURSE STRUCTURE

The course structure consists of general, discipline, specialisation, elective and freely chosen modules. There is also an industry orientation component.



## GENERAL MODULES

- G101** Critical Thinking and Problem Solving
- G107** Communication in the Global Workplace
- G121** Innovation and Practice
- G951** Life Skills I
- G952** Life Skills II
- G953** Life Skills III
- G961** ECG I: Exploring the Future of Work
- G962** ECG II: Becoming Future-Ready



## DISCIPLINE MODULES

- A104** Biology
- A113** Mathematics
- S201** Health and Wellness
- S202** Inclusive Physical Activity
- S204** Sociology of Sports, Health and Leisure



## INDUSTRY ORIENTATION PROGRAMME

- S300** Project

**Select one module from the list below:**

- S931** Industry Immersion Programme
- S932** Entrepreneurial Immersion Programme



## FREELY CHOSEN MODULES

**Select either one of the following:**

- S200** Special Project

**Two modules** to be selected from a list of Freely Chosen Modules



## SPECIALISATION MODULES

- B101** Entrepreneurship
- B216** Marketing
- S232** Experiential Land-based Adventure Education
- S233** Experiential Water-based Adventure Education
- S234** Adventure Education
- S235** Environmental Education
- S236** Environmental Interpretation
- S237** Climbing and Abseiling Adventure Education
- S238** Instruction and Facilitation in Experiential Education
- S331** Challenge Course Management
- S332** Expedition Principles, Practices and Management
- S333** Outdoor Leadership



## ELECTIVE MODULES

**Select two modules from the list below:**

- S221** Sports Facilities Management
- S225** Leisure Planning and Programming
- S261** Introduction to Sports Coaching
- S321** Sports Management
- S322** Strategic Sports Development



# MINIMUM ENTRY REQUIREMENTS

## GCE O-LEVEL HOLDERS

## GRADE

**ENGLISH LANGUAGE**

**1 - 6**

**MATHEMATICS (ELEMENTARY / ADDITIONAL)**

**1 - 6**

**ANY THREE OTHER SUBJECTS**

**1 - 6**

In addition, you must have sat for one of the following subjects:

Art / Art & Design, Business Studies, Combined Humanities, Commerce, Commercial Studies, Economics, Geography, Higher Art, Higher Music, History, Humanities (Social Studies, Literature in English), Humanities (Social Studies, Literature in Chinese), Humanities (Social Studies, Literature in Malay), Humanities (Social Studies, Literature in Tamil), Humanities (Social Studies, History), Humanities (Social Studies, Geography), Intro to Enterprise Development, Literature in English, Literature in Chinese, Literature in Malay, Literature in Tamil, Media Studies (English), Media Studies (Chinese), Music, Principles of Accounts

## FOR NITEC

**GPA ≥ 3.5**

**NT55 FITNESS TRAINING**

**NT69 COMMUNITY CARE AND SOCIAL SERVICES**

**NT81 ATTRACTION OPERATIONS**

## FOR HIGHER NITEC

**GPA ≥ 2.0**

**BS81 BUSINESS STUDIES (EARLY CHILDHOOD EDUCATION)**

**BS84 BUSINESS STUDIES (EVENT MANAGEMENT)**

**BS8 BUSINESS STUDIES (ADMINISTRATION / SECRETARIAL)**

**BS87 BUSINESS STUDIES (LOGISTICS) / INTEGRATED LOGISTICS MANAGEMENT / LOGISTICS FOR INTERNATIONAL TRADE**

**BS89 BUSINESS STUDIES (SPORTS MANAGEMENT) / SPORTS MANAGEMENT**

**BS90 BUSINESS STUDIES (SERVICE MANAGEMENT) / SERVICE MANAGEMENT**

**BS93 COMMUNITY SPORT AND RECREATION MANAGEMENT**

**IT62 PARAMEDIC AND EMERGENCY CARE**

**IT65 LEISURE AND TRAVEL OPERATIONS**

For the full listing of entry requirements, visit [www.rp.edu.sg/full-time-courses/doal](http://www.rp.edu.sg/full-time-courses/doal)

**HAVE A  
QUESTION?**

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**R26**  
JAE CODE

Diploma in

# SPORT & EXERCISE SCIENCE



**Inspired by Singapore's achievement in sports? Become a sports science specialist and elevate Singapore's next sporting scene to new heights!**

Gain knowledge in the multidisciplinary areas of sports and exercise science. Acquire practical sports science skills to meet the needs of the sports, fitness, wellness, and health industries. Develop valuable skills in the laboratory or field-testing procedures to assess and enhance the performance of athletes.

Learn good practices in exercise rehabilitation, injury management and sports safety.

Experience a 20-week Industry Immersion Programme with a National Sports Association or an established private organisation such as Singapore Swimming Association, Football Association of Singapore, SAFRA EnergyOne, or Amore Fitness.

# ABOUT THE DIPLOMA

**Promising athletes who aim to perform at their peak need the support of a skilled and effective sports science team. Do you have what it takes to help develop Singapore's dynamic sports industry?**

The Diploma in Sport & Exercise Science (DSES) sets you on the right track to achieve your goals. You will gain a strong understanding of human physiology, psychology, anatomy, biomechanics, and exercise prescription through a scientific approach to sports, exercise and physical activity. You will also learn how the human body works during exercise and why sports and physical activity is a vital component for a healthy lifestyle.

You will be nurtured into a confident, skilled practitioner with the necessary skills to support community sports and athletes. Upon graduation, you can look forward to rewarding careers in fitness training, physical activity, sports rehabilitation, and scientific research in the commercial, public, welfare and uniformed groups sectors.

## CAREER OPPORTUNITIES

Aim high after you graduate as you can look forward to explore a myriad of opportunities in the sports, fitness, wellness, and health industries. Enjoy challenging roles at fitness centres and specialist gyms, sports retail shops, sports associations, and sports institutions. Successful careers include:

- Allied Educators with the Ministry of Education
- Exercise Specialist
- Fitness Trainer
- High Performance Executive
- Rehabilitation Assistant
- Sports Development Officer
- Sports Trainer

**My student life in SHL was both fulfilling and exciting! Through my holistic education at RP, I had become more confident, driven and independent.**

**Joel Wei Maojie**  
Diploma in Sport &  
Exercise Science  
2015 Graduate

Currently pursuing a  
Bachelor of Science in Education  
at National Institute of Education,  
Singapore



# COURSE STRUCTURE

The course structure consists of general, discipline, specialisation, elective and freely chosen modules. There is also an industry orientation component.



## GENERAL MODULES

- G101** Critical Thinking and Problem Solving
- G107** Communication in the Global Workplace
- G121** Innovation and Practice
- G951** Life Skills I
- G952** Life Skills II
- G953** Life Skills III
- G961** ECG I: Exploring the Future of Work
- G962** ECG II: Becoming Future-Ready



## DISCIPLINE MODULES

- A107** Physics
- A113** Mathematics
- S201** Health and Wellness
- S202** Inclusive Physical Activity
- S204** Sociology of Sports, Health and Leisure



## INDUSTRY ORIENTATION PROGRAMME

- S300** Project

Select one module from the list below:

- S931** Industry Immersion Programme
- S932** Entrepreneurial Immersion Programme



## FREELY CHOSEN MODULES

Select either one of the following:

- S200** Special Project
- Two modules** to be selected from a list of Freely Chosen Modules



## SPECIALISATION MODULES

- A103** Anatomy and Physiology
- B218** Business Statistics
- S211** Injury Prevention and Management
- S212** Sports and Exercise Prescription
- S214** Sports and Exercise Psychology
- S215** Sports and Exercise Nutrition
- S216** Applied Anatomy and Kinesiology
- S246** Exercise Programming and Assessment
- S261** Introduction to Sports Coaching
- S266** Performance Analysis
- S311** Human Motor Control and Development
- S312** Sports and Exercise Physiology
- S313** Sports and Exercise Biomechanics



## ELECTIVE MODULE

Select one module from the list below:

- S318** Exercise Science Portfolio Development
- S322** Strategic Sports Development
- S343** Corporate Wellness



# MINIMUM ENTRY REQUIREMENTS

## GCE O-LEVEL HOLDERS

## GRADE

ENGLISH LANGUAGE

1 - 7

MATHEMATICS (ELEMENTARY / ADDITIONAL)

1 - 6

ANY ONE OF THE FOLLOWING SUBJECTS\*

1 - 6

\*Biology, Biotechnology, Chemistry, Combined Science, Design & Technology, Electronics, Engineering Science, Food & Nutrition, Fundamentals of Electronics, Physics, Physical Science, Science (Chemistry, Biology), Science (Physics, Biology), Science (Physics, Chemistry)

## FOR NITEC

GPA  $\geq$  3.5

**NT39** CHEMICAL PROCESS TECHNOLOGY  
(BIOLOGICS / PETROCHEMICALS / PHARMACEUTICALS / PROCESS INSTRUMENTATION)

**NT45** NURSING

**NT55** FITNESS TRAINING

## FOR HIGHER NITEC

GPA  $\geq$  2.0

**BS89** BUSINESS STUDIES (SPORTS MANAGEMENT) / SPORTS MANAGEMENT

**BS90** BUSINESS STUDIES (SERVICE MANAGEMENT) / SERVICE MANAGEMENT

**BS93** COMMUNITY SPORT AND RECREATION MANAGEMENT

**IT59** CHEMICAL TECHNOLOGY

For the full listing of entry requirements, visit [www.rp.edu.sg/full-time-courses/dses](http://www.rp.edu.sg/full-time-courses/dses)

**HAVE A  
QUESTION?**

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**R49**  
JAE CODE

# Diploma in **SPORT COACHING**



## **The next generation of elite athletes needs you.**

Develop academic and practical skills to gain a multidisciplinary understanding of sports coaching. Receive training in the fundamentals of sports science such as psychology and nutrition. Learn the latest industry-relevant coaching skills and technology.

Experience a 20-week Industry Immersion Programme with a National Sports Association such as the Singapore Athletic Association, Football Association of Singapore or a private coaching club.

Gain at least 16 hours of mentorship with experienced coaches who will share various coaching styles, philosophies, methods, and strategies.

# ABOUT THE DIPLOMA

Behind every successful athlete is a passionate personal trainer. Helm the forefront of elite athlete management with skills and knowledge from the Diploma in Sport Coaching (DSC).

Based around the art and science of coaching, this diploma has been designed in consultation with Sport Singapore to equip you with the basics of sports science. You will also learn essential soft skills such as communications, athletes and team management, and professional ethics.

Whether you hope to train individual athletes or teams, the DSC will enable you to build a rewarding career as a sports coach, instructor or fitness trainer.

## CAREER OPPORTUNITIES

DSC graduates benefit from transferable skills and knowledge that can be applied to diverse domains such as sporting institutions, schools, gyms, and recreational clubs. You can also pursue further studies to become a Physical Education teacher. These are some rewarding and fulfilling career options you can look forward to join:

- Allied Educator with the Ministry of Education
- Fitness Trainer / Instructor
- Sports Administrator
- Sports Coach
- Sports Instructor
- Sports Official

This course is everything an aspiring coach needs to be successful in a country growing exponentially in the sports scene. With the relevance of the theoretical and practical modules in addition to the great mentoring that our lecturers provide, my goal of being a coach is made much closer!

**Lloyd Tan Guan Yu**  
Diploma in Sport Coaching  
2015 Graduate



# COURSE STRUCTURE

The course structure consists of general, discipline, specialisation, elective and freely chosen modules. There is also an industry orientation component.



## GENERAL MODULES

- G101** Critical Thinking and Problem Solving
- G107** Communication in the Global Workplace
- G121** Innovation and Practice
- G951** Life Skills I
- G952** Life Skills II
- G953** Life Skills III
- G961** ECG I: Exploring the Future of Work
- G962** ECG II: Becoming Future-Ready



## DISCIPLINE MODULES

- A113** Mathematics
- S202** Inclusive Physical Activity
- S204** Sociology of Sports, Health and Leisure



## INDUSTRY ORIENTATION PROGRAMME

- S300** Project

**Select one module from the list below:**

- S931** Industry Immersion Programme
- S932** Entrepreneurial Immersion Programme



## FREELY CHOSEN MODULES

**Select either one of the following:**

- S200** Special Project
- Two modules** to be selected from a list of Freely Chosen Modules



## SPECIALISATION MODULES

- B216** Marketing
- S211** Injury Prevention and Management
- S212** Sports and Exercise Prescription
- S214** Sports and Exercise Psychology
- S215** Sports and Exercise Nutrition
- S224** Sports and Leisure Related Law
- S246** Exercise Programming and Assessment
- S261** Introduction to Sports Coaching
- S262** Foundations of Kinesiology
- S263** Instructional Strategies for Sports and Games
- S264** Instructional Strategies for Sports and Games II
- S266** Performance Analysis
- S311** Human Motor Control and Development
- S362** Managing Developmental Athletes and Teams

**Select two modules from the list below:**

- S661** Practical Studies: Basketball
- S662** Practical Studies: Football
- S663** Practical Studies: Badminton
- S664** Practical Studies: Table Tennis
- S665** Practical Studies: Swimming
- S666** Practical Studies: Athletics



## ELECTIVE MODULE

**Select one module from the list below:**

- S322** Strategic Sports Development
- S363** Media and Public Relations for Sports



# MINIMUM ENTRY REQUIREMENTS

## GCE O-LEVEL HOLDERS

## GRADE

**ENGLISH LANGUAGE**

**1 - 7**

**MATHEMATICS (ELEMENTARY / ADDITIONAL)**

**1 - 6**

**ANY ONE OF THE FOLLOWING SUBJECTS\***

**1 - 6**

\*Biology, Biotechnology, Chemistry, Combined Science, Design & Technology, Electronics, Engineering Science, Food & Nutrition, Fundamentals of Electronics, Physics, Physical Science, Science (Chemistry, Biology), Science (Physics, Biology), Science (Physics, Chemistry)

## FOR NITEC

**GPA ≥ 3.5**

**NT55 FITNESS TRAINING**

**NT58 APPLIED FOOD SCIENCE**

**NT69 COMMUNITY CARE AND SOCIAL SERVICES**

## FOR HIGHER NITEC

**GPA ≥ 2.0**

**BS81 BUSINESS STUDIES (EARLY CHILDHOOD)**

**BS85 BUSINESS STUDIES (ACCOUNTING) / ACCOUNTING**

**BS86 BUSINESS STUDIES (ADMINISTRATION / SECRETARIAL)**

**BS89 BUSINESS STUDIES (SPORTS MANAGEMENT) / SPORTS MANAGEMENT**

**BS90 BUSINESS STUDIES (SERVICE MANAGEMENT) / SERVICE MANAGEMENT**

**BS93 COMMUNITY SPORT AND RECREATION MANAGEMENT**

**IT62 PARAMEDIC AND EMERGENCY CARE**

For the full listing of entry requirements, visit [www.rp.edu.sg/full-time-courses/dsc](http://www.rp.edu.sg/full-time-courses/dsc)

**HAVE A  
QUESTION?**

Find out more about this diploma at  
[www.rp.edu.sg/full-time-courses/dsc](http://www.rp.edu.sg/full-time-courses/dsc)

**R27**  
JAE CODE

# Diploma in **SPORT MANAGEMENT\***



**Discover the winning formula to create world-class events such as Formula 1, Barclays Singapore Open and Standard Chartered Singapore Marathon.**

Learn the necessary business and operational skills to organise effective sports and leisure events. Acquire the knowledge to develop and facilitate both local and international sports initiatives and leisure programmes.

Understand the requirements and logistics needed to host major sporting events and leisure programmes.

Experience a 20-week Industry Immersion Programme with organisations such as Sport Singapore, Singapore Sports Hub, major sports events organisers and retailers, or leisure-related companies such as Resorts World Sentosa.

\*Formerly known as Diploma in Sports and Leisure Management

# ABOUT THE DIPLOMA

**Aspire to help establish Singapore as a key player in the global sporting arena? Learn how to execute major sporting events with professionalism and deftness.**

An increased focus on sports has created new opportunities, enhanced national pride and generated community buzz in Singapore; and the success of local athletes in the SEA Games and Olympics has reignited the nation's passion for sports and sporting events. In order to take Singapore to the next level on the global stage, we will require passionate, driven individuals to plan and execute world-class events with creativity and class.

Through the Diploma in Sport Management (DSPM), you will gain extensive knowledge across diverse industries such as sports law, sports business, facilities management, sports policies, and volunteer management which will prepare you to take on pivotal roles in sports associations, corporate businesses and the Singapore government in its ongoing quest for sporting success.

Upon graduation, you would have successfully combined your sports know-how with practical business skills to carve out successful careers in Singapore growing sports industry.

## CAREER OPPORTUNITIES

As a DSPM graduate, you are ideally placed to join a wide range of sporting and sports-related organisations, event management agencies and leisure service providers. You can look forward to a dynamic and fulfilling career in roles such as:

- Allied Educator with the Ministry of Education
- Country / Fitness Club Executive
- Sports and Recreation Event Organiser
- Sports and Recreation Marketing Executive
- Sports Retail and Merchandising Executive

Thanks to this specially-trained programme, athletes like me could continue to pursue our passion in sports while studying for a diploma. It allowed us to balance both studies and sports. There was time for us to study, train and finish any assignments that we have to.

**Veronica Shanti Pereira**  
Diploma in Sports and Leisure Management  
(Now known as Diploma in Sport Management)  
2017 Graduate

National Athlete



# COURSE STRUCTURE

The course structure consists of general, discipline, specialisation and freely chosen modules. There is also an industry orientation component.



## GENERAL MODULES

- G101** Critical Thinking and Problem Solving
- G107** Communication in the Global Workplace
- G121** Innovation and Practice
- G951** Life Skills I
- G952** Life Skills II
- G953** Life Skills III
- G961** ECG I: Exploring the Future of Work
- G962** ECG II: Becoming Future-Ready



## SPECIALISATION MODULES

- B101** Entrepreneurship
- B215** Financial Accounting
- B216** Marketing
- B218** Business Statistics
- B220** Microeconomics
- B321** Macroeconomics
- H210** Event Operations Management
- S221** Sports Facilities Management
- S222** Sports Business
- S224** Sports and Leisure Related Law
- S225** Leisure Planning and Programming
- S226** Sports Administration
- S262** Foundations of Kinesiology
- S321** Sports Management
- S322** Strategic Sports Development



## DISCIPLINE MODULES

- A113** Mathematics
- S201** Health and Wellness
- S202** Inclusive Physical Activity
- S204** Sociology of Sports, Health and Leisure



## INDUSTRY ORIENTATION PROGRAMME

- S300** Project

Select one module from the list below:

- S931** Industry Immersion Programme
- S932** Entrepreneurial Immersion Programme



## FREELY CHOSEN MODULES

Select either one of the following:

- S200** Special Project
- Two modules** to be selected from a list of Freely Chosen Modules

# MINIMUM ENTRY REQUIREMENTS

## GCE O-LEVEL HOLDERS

## GRADE

**ENGLISH LANGUAGE**

**1 - 6**

**MATHEMATICS (ELEMENTARY / ADDITIONAL)**

**1 - 6**

**ANY THREE OTHER SUBJECTS**

**1 - 6**

In addition, you must have sat for one of the following subjects:

Art / Art & Design, Business Studies, Combined Humanities, Commerce, Commercial Studies, Economics, Geography, Higher Art, Higher Music, History, Humanities (Social Studies, Literature in English), Humanities (Social Studies, Literature in Chinese), Humanities (Social Studies, Literature in Malay), Humanities (Social Studies, Literature in Tamil), Humanities (Social Studies, History), Humanities (Social Studies, Geography), Intro to Enterprise Development, Literature in English, Literature in Chinese, Literature in Malay, Literature in Tamil, Media Studies (English), Media Studies (Chinese), Music, Principles of Accounts

## FOR NITEC

**GPA ≥ 3.5**

**NT55 FITNESS TRAINING**

**NT69 COMMUNITY CARE AND SOCIAL SERVICES**

## FOR HIGHER NITEC

**GPA ≥ 2.0**

**BS83 BUSINESS STUDIES (HOSPITALITY OPERATIONS)**

**BS84 BUSINESS STUDIES (EVENT MANAGEMENT)**

**BS86 BUSINESS STUDIES (ADMINISTRATION / SECRETARIAL)**

**BS89 BUSINESS STUDIES (SPORTS MANAGEMENT) / SPORTS MANAGEMENT**

**BS90 BUSINESS STUDIES (SERVICE MANAGEMENT) / SERVICE MANAGEMENT**

**BS93 COMMUNITY SPORT AND RECREATION MANAGEMENT**

**IT65 LEISURE AND TRAVEL OPERATIONS**

For the full listing of entry requirements, visit [www.rp.edu.sg/full-time-courses/dspm](http://www.rp.edu.sg/full-time-courses/dspm)

**HAVE A  
QUESTION?**

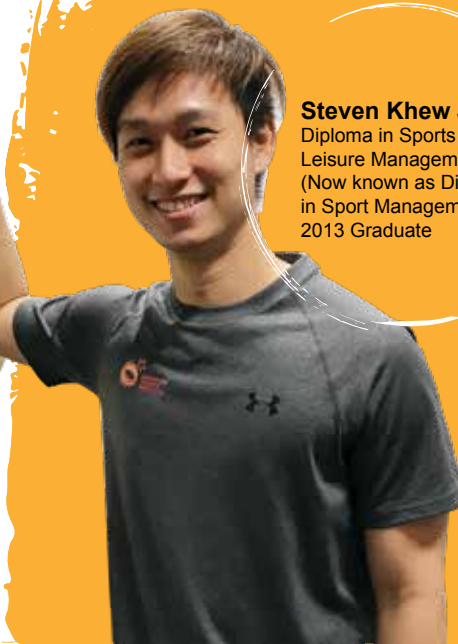
Find out more about this diploma at  
[www.rp.edu.sg/full-time-courses/dspm](http://www.rp.edu.sg/full-time-courses/dspm)



# OUR OUTSTANDING GRADUATES

SHL alumnus, Steven Khew Jia Qi, started his sports education at ITE College East in Sport Management before he enrolled in RP in 2011. Upon his graduation, Steven joined the Sports Medicine Centre at Singapore Sports Institute (SSI) as a Sports Rehabilitation Trainer. He shared that the modules he took in SHL such as 'Health and Wellness' and 'Injury Prevention and Management' had helped him greatly with his daily work as a sports trainer.

Steven now works with the national athletes helping them to recover, rehabilitate and strengthen from their sports injuries. He has played an instrumental role in conditioning our athletes for major games in the regional arena.



**Steven Khew Jia Qi**  
Diploma in Sports and  
Leisure Management  
(Now known as Diploma  
in Sport Management)  
2013 Graduate



**Neo Yiling**  
Diploma in Outdoor &  
Adventure Learning  
2013 Graduate

Yiling graduated from RP's Diploma in Outdoor & Adventure Learning (DOAL) in 2013 and now serves the youth as an outdoor educator at Outward Bound Singapore (OBS). In the outdoor expeditions she leads, she finds joy in encouraging her participants to stretch beyond their perceived limits, helping them build both physical toughness and mental resilience.

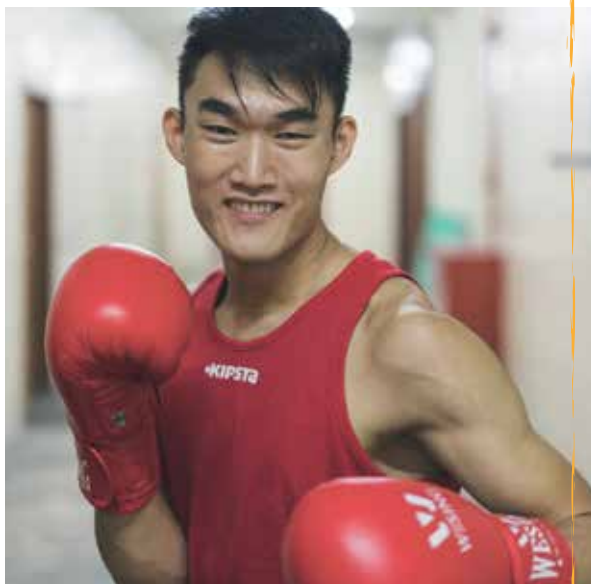
Yiling shared that the DOAL equipped her with the necessary skills, knowledge and experience to be industry-ready. She has also developed a sense of 'service-oriented' responsibility through the course of studies at RP. To her, the DOAL is a great programme for students who are not just aiming for a diploma but who also yearn for personal growth.





# INDUSTRY IMMERSION PROGRAMME

Through our extensive industry network of over 150 local and overseas partners, you will have the opportunities to embark on meaningful internship experiences.



Our Industry Immersion Programme introduces students to practical skills in the real world. Velco Tan Jun Yuan, our student from the Diploma in Sport Coaching excelled in his 20-week internship at Spartans Boxing. Despite his quiet disposition, Velco stood up to the challenge of training clients from diverse backgrounds and age profiles.

Spartans Boxing's General Manager, Mr Russell Harrison, took note of Velco's performance and shared, "Velco understands his students regardless of their age or their ability levels. His coaching style is adaptive and his classes are always fun. Velco has also built great rapport with the younger students from our kids classes."

The following are some of our industry partners:

- Access Medical Pte Ltd
- Apple South Asia Pte Ltd
- Asian Detours Pte Ltd
- CAMP CHALLENGE Pte Ltd
- Camelot Pte Ltd
- Football Advantage Pte Ltd
- Football Association of Singapore
- Fishlike International Pte Ltd
- Frontier Healthcare Holdings Pte Ltd
- Global Spectrum Pico Pte Ltd
- Health Promotion Board
- Lifeskills and Physiotherapy Consultancy
- National Healthcare Group Pte Ltd
- National University Hospital
- National Youth Sports Institute
- Outward Bound Singapore
- Outdoor Venture Pte Ltd
- People's Association
- Pink Apple Pte Ltd
- Raffles Medical Group Ltd
- ST Healthcare Pte Ltd
- Singapore Swimming Association
- Sport Singapore
- Tan Tock Seng Hospital

Our 20-week Industry Immersion Programme provides valuable real-world experiences and a professional network of contacts that you can make the most of when you graduate. These key elements will give you a professional edge over your peers when you enter the workforce.



# SCHOOL OVERSEAS TRIPS

At SHL, we feel that a dynamic and enriching learning journey goes beyond the classroom. That is why we endeavour to organise a variety of overseas trips around Asia and beyond. Some trips focus on diploma-related learning, while others emphasise on service learning. Regardless of the destinations, these trips are aimed to provide SHL students the prime opportunity to learn from different people, cultures and experiences across the world.

## TOKYO, JAPAN



The DSC students gained valuable experience during an 8-day Student Overseas Trip (SOT) to Tokyo, Japan, which is one of Asia's top sporting locations with a reputation for youth sports development and coach education.

Our students visited institutions such as The Nippon Sport Science University, University of Tsukuba and Omiya Ardija (J-League Club) Football Academy. Here they were enriched by the generous sharing by the Japanese coaches and their sports coaching pedagogy.

During this SOT, the DSES students immersed themselves in Sydney and Melbourne's sports climate and culture.

In Sydney, they watched a National Rugby League match between the Sydney Roosters and the Cronulla-Sutherland Sharks, and enjoyed a tour of the famous Allianz Stadium at Sydney Olympic Park. They were given a sneak peek of the media-room, changing rooms and recovery facilities for the athletes.

Over in Melbourne, the DSES students also visited various institutes of higher learning, sports institutes, private gyms, and sports medicine which further deepened their understanding of Australian sports science industry.

## SYDNEY AND MELBOURNE, AUSTRALIA





# SHL CLUB

## For SHL students, by SHL students – Six diplomas, one family.

The SHL Club is at the heart of all student-related activities and events. Comprising a diverse mix of sports enthusiasts, health advocates and outdoor adventure junkies, the student committee organises dynamic events that bring together students from all six diplomas. As part of the SHL Club, you will also learn critical life skills such as teamwork and communication, upholding the REPUBLIC Code of Honour – Respect, Excellence, Passion, Unity, Belief, Leadership, Integrity, and Compassion.

Join the SHL Club to further enrich your experience on campus!



Organised annually by the SHL Club, the Freshmen Orientation Camp is the ideal platform for students to interact and bond with their classmates from different diplomas. Strengthen your problem-solving, leadership and teamwork skills as you work together with your peers!



Jointly organised by student leaders from the School of Technology for the Arts (STA) and SHL, the 'Halloween Camp for Students Bonding' is a yearly key event, attracting about 200 students. Through dances and games such as the Amazing Race, the students get to interact with classmates from other RP Schools which help to widen their social circle.

Student leaders from the SHL Club are selected for the Singapore Cycle Safe Trainer certification by the Singapore Cycling Federation. These leaders then organise an island-wide cycling expedition for all SHL students to enjoy. The SHL Club Annual Challenge Shield is another fun platform to promote health and fitness through sports, with further learning opportunities through teamwork and synergy.





# FURTHER EDUCATION

SHL provides the opportunity for further study in both local and overseas universities. With an SHL diploma, you will have a significant head start when you eventually tackle your degree programme, enabling you to complete your university education in a shorter time. Some of these universities are listed here.



## AUSTRALIA

- Deakin University
- Federation University Australia
- Griffith University
- Monash University
- RMIT University
- The University of Adelaide
- The University of Western Australia
- University of New South Wales



## SINGAPORE

- Nanyang Technological University
- National University of Singapore
- Singapore Institute of Technology
- Singapore Management University
- Singapore University of Social Sciences



## NEW ZEALAND

- University of Canterbury



## UNITED KINGDOM

- Solent University
- University of Leeds
- University of Stirling





## SG-COACH THEORY LEVEL 1

Find out the techniques to get the best out of your athletes!

Embark on this SG-Coach Programme to equip yourself with the knowledge and skills on 'how to coach', and to reinforce the understanding on 'why you coach'. This is done through the introduction of values and principles in sports (VPS) within the local eco-system.

This course includes theories which are supported by evidence-based research, and practical approaches for coaches to apply their learning on the field. You and other participants will examine your own coaching philosophies, learn to incorporate the teaching of values through sports coaching and understand the basic theories and skills of sports coaching.

## NATURE EDUCATION

In many ways, nature is our greatest teacher.

Through this course, you will gain knowledge of the biodiversity, ecology and the natural environment of Singapore. You will be able to use nature to create activities for others, and educate on integrating Social and Emotional Learning (SEL). The course also teaches you to incorporate appropriate attitudes and values toward nature trips, as well as how to plan risk assessment and handle safety management.

Both an experiential session in the outdoor classroom and an indoor session will be included.







# SKILLSFUTURE SERIES SHORT COURSES

Are you looking to boost your expertise in sports and wellness? Keen to find out more about sports science or want to satisfy your curiosity about health-related fields?

Check out **[www.rp.edu.sg/ACE](http://www.rp.edu.sg/ACE)** and upgrade your skills and knowledge by signing up for our range of sports and wellness-related courses on the website.

Meanwhile, here is a preview of some of SHL's short course offerings.

## BASIC SPORTS SCIENCE

As we learn more about the human body, we also learn how that knowledge can be used to enhance physical performance and maintenance.

Conducted mainly in the classroom, you will be guided with basic theoretical knowledge and practical applications within the Sports Science discipline.

From injury management to psychology, this course provides you with a good foundation to pursue the Fitness Instructor Course.

## HARNESSING THE POWER OF DATA ANALYTICS IN HEALTHCARE

Knowledge is power, and findings derived from data analytics in healthcare are useful and relevant for daily lives.

This course will provide an overview of appropriate research methodologies and data analytics tools to aid the understanding of research findings in health-related fields. This will enable you to make informed decisions on healthcare issues and health-related behaviour.





# Specialist Diploma in **INTEGRATED CARE MANAGEMENT**



## **Want to contribute to meeting the changing healthcare needs of the nation's population?**

Through the Specialist Diploma in Integrated Care Management, you will be trained to coordinate care and resources in the integrated care system so as to help patients transit seamlessly from hospitals to the communities. You will learn to provide support to patients by assessing their home safety and falls risk, educating and coaching them on lifestyle changes, and connecting them to social support services.

Equip yourself with the skills and competency to be part of a multidisciplinary team of healthcare professionals today!

## **WHOM IS THIS FOR?**

- Professionals with a relevant local diploma or higher qualification, who are keen to join the field of community health services
- Clinical and non-clinical healthcare workers such as Patient Care Associates, Patient Service Associates, or Social Worker Assistants

**HAVE A  
QUESTION?**

Find out more about this specialist diploma at [www.rp.edu.sg/ACE](http://www.rp.edu.sg/ACE)



# Specialist Diploma in **HEALTHY AGEING & COMMUNITY CARE FOR SENIORS**



**With the prevalence of ageing population, there is a growing need for professionals who can provide effective community care coordination to better support the seniors' well-being.**

The Specialist Diploma in Healthy Ageing & Community Care for Seniors is designed for non-clinical healthcare professionals seeking to enhance proficiencies in exercise science, health promotion, health coaching and care coordination for seniors. You will learn to tailor activities that encourage seniors to cultivate a healthy lifestyle as well as stay physically, emotionally and mentally resilient.

This specialist diploma is also offered as part of an Earn and Learn Programme (ELP) for fresh diploma graduates in the Allied Health fields.

## **WHOM IS THIS FOR?**

- Professionals with a relevant local diploma or higher qualification, who are keen to join the field of geriatric care
- Non-clinical healthcare workers such as Health Promotion Executive, Health and Wellness Educator, or Rehabilitation Assistant

**HAVE A  
QUESTION?**

Find out more about this specialist diploma and the ELP at [www.rp.edu.sg/ACE](http://www.rp.edu.sg/ACE)



## Part-Time Diploma in **SPORTS (COACHING)**



**Be the passionate coach who supports and guides athletes in their sports journey.**

Upgrade your skills and knowledge in sports coaching and sports science through the Part-Time Diploma in Sports (Coaching). Based on the art and science of coaching, the course will help you gain a multidisciplinary understanding of sports coaching and improve on essential soft skills such as professional ethics and team management.

At the end of the part-time diploma, you will be ready to support the growing needs of the sports coaching industry.

### **WHOM IS THIS FOR?**

- Sports coaches
- Sports professionals

**HAVE A  
QUESTION?**

Find out more about this part-time diploma at [www.rp.edu.sg/ACE](http://www.rp.edu.sg/ACE)





# Part-Time Diploma in **SPORTS WELLNESS AND SERVICES**



**Prepare yourself for a multifaceted and cross-disciplinary career in the fast-evolving sports industry!**

Ride on the wave of increasing public interest in sporting events and start building up knowledge and capability in the sports and wellness industry through the Part-Time Diploma in Sports Wellness and Services. Adopting an integrated approach, the course will boost your expertise in health management and promotion, exercise science, sports sciences and sports management.

This part-time diploma is also offered as part of an Earn and Learn Programme (ELP) for fresh ITE graduates from relevant fields of study.

## **WHOM IS THIS FOR?**

Fresh ITE graduates from a related field of study and professionals who are keen to join the sports and wellness industry.

**HAVE A  
QUESTION?**

Find out more about this part-time diploma and the ELP at [www.rp.edu.sg/ACE](http://www.rp.edu.sg/ACE)



# LIFELONG LEARNING @ SHL

**The local sports, health and leisure industries are rapidly expanding – and with it, the demand for highly-skilled and sports-savvy professionals.**

The School of Sports, Health and Leisure (SHL) is poised to meet this increasing demand, having been appointed by the Ministry of Education as the SkillsFuture Sector Coordinator in the area of sports and wellness.

SHL offers a dynamic suite of lifelong learning courses in various fields such as sports coaching, sports wellness and services, integrated care and healthcare management, sports sciences, and exercise science.

Let SHL partner you in expanding your repertoire and enhancing your career prospects today!

I am glad that RP has a lot to offer to our local sports scene. My two children are keen sportsmen trained in silat and football. And I hope by studying this specialist diploma, they will be inspired by me to keep learning and improving their sport skills as well!

**Mohammad Faizul Bin Othman**  
Specialist Diploma in  
Sports and Exercise Science

Freelance coach and trainer





# STAY AHEAD OF THE CURVE BY UPSKILLING OR RESKILLING WITH RP ACE!



To meet the ever-evolving demands of the global workforce, lifelong learning is becoming increasingly important.

Offering a suite of Continuing Education and Training (CET) courses ranging from full qualification programmes such as Part-Time Diplomas or Specialist Diplomas to short courses such as the SkillsFuture Series programmes, there is one to meet your professional career goals at Republic Polytechnic Academy for Continuing Education (RP ACE).

Embrace lifelong learning, develop your potential and stay relevant by picking up new skills or deepen your knowledge at RP ACE today!

To find out more about Lifelong Learning at RP, visit [www.rp.edu.sg/ACE](http://www.rp.edu.sg/ACE)

# LIFELONG LEARNING@SHL

SCHOOL OF SPORTS, HEALTH AND LEISURE (SHL)



To find out more about  
**LIFELONG LEARNING COURSES AT RP,**  
visit [www.rp.edu.sg/ACE](http://www.rp.edu.sg/ACE)